

SWS Serial Number



8 YEAR CHILD QUESTIONNAIRE

Part 2

5. CHILD EXAMINATION

5.1 Measurement Date

d	d
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m	m
---	---

y	y
---	---

5.2 Time (24 hr clock)

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5.3 Measurer

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5.4 Helpers (Parent = 90)

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5.5 Which hand does the child write with?
 1. Right
 2. Left
 3. Ambidextrous

Mark up and measure the non-dominant arm and side of body. If ambidextrous or not known measure the left side

5.6 Occipito-frontal circumference

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 cm

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 .

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 cm Wiggling (0 No, 1 Yes)

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 .

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 cm

5.7 Left mid-upper arm circumference (arm straight)

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 cm

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 .

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 cm Wiggling (0 No, 1 Yes)

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 cm

5.8 Waist circumference (standing)

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 cm

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 .

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 cm Wiggling (0 No, 1 Yes)

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 .

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 cm

5.9 Height (barefoot)

			.		cm
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			.		cm	Wriggling (0 No, 1 Yes)	
--	--	--	---	--	----	-------------------------	--

			.		cm
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5.10 Sitting height (shorts only)

		.		cm
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		.		cm	Wriggling (0 No, 1 Yes)	
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		.		cm
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5.11 Stadiometer used

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5.12 Child's weight (preferably in underwear only)

		.		kg
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5.13 Approx weight of any clothes (except underwear)

	.		kg
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5.14 Scales used

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Skinfold thicknesses

5.15 Triceps skinfold

		.		mm
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		.		mm	Wriggling (0 No, 1 Yes)	
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		.		mm
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5.16 Subscapular skinfold

		.		mm
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		.		mm	Wriggling (0 No, 1 Yes)	
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		.		mm
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5.17 Skinfold calipers used

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5.18

RIGHT SIDE

LEFT SIDE

GRIP STRENGTH
(Record to nearest 0.5kg)

		.	
		.	
		.	

		.	
		.	
		.	

5.19 Pulse wave velocity measurements – distances (mm)

Measurements to be inserted as “Length”

Extra Measurements

Suprasternal notch to bony notch on shoulder then straight down arm to top of wrist cuff	<table border="1"> <tr> <td></td> <td></td> </tr> </table>			•	<table border="1"> <tr> <td></td> </tr> </table>		Suprasternal notch to bottom of neck cuff	<table border="1"> <tr> <td></td> <td></td> </tr> </table>			•	<table border="1"> <tr> <td></td> </tr> </table>	

Suprasternal notch to top of thigh cuff	<table border="1"> <tr> <td></td> <td></td> </tr> </table>			•	<table border="1"> <tr> <td></td> </tr> </table>		Suprasternal notch to edge of wrist cuff (with arm out laterally)	<table border="1"> <tr> <td></td> <td></td> </tr> </table>			•	<table border="1"> <tr> <td></td> </tr> </table>	

Top of arm cuff to top of thigh cuff	<table border="1"> <tr> <td></td> <td></td> </tr> </table>			•	<table border="1"> <tr> <td></td> </tr> </table>		Suprasternal notch to edge of arm cuff (with arm out laterally)	<table border="1"> <tr> <td></td> <td></td> </tr> </table>			•	<table border="1"> <tr> <td></td> </tr> </table>	