

6 Year QUESTIONNAIRE HOME VISIT

Part 1

Mother's fo	orename or	nly:	
Child's fore	ename only	:	
and reco	rd any c	ix-year visit record card to ensure child's name is correct, hanges thereon. Also to request additional telephone resses etc, for tracing purposes if family move]	
Child's dat	e of birth	d d m m y y	
	:Male Female		
Date of inte	erview	d d m m y y	
Interviewe	r		
Discuss th	e visit with	the mother and child and obtain completed consent and assent	
To be com	pleted by t	he nurse if the mother was not the person interviewed:	
1. 2. 3. 4. 8.	Has left th	ecify	
1. 2. 3. 4. 5. 6.	Study child Other fami Mother "fig Family frie	d's father eartner (if not father) d's grandparent ily member gure" (eg father's partner/step-mother) end	

Food frequency

Now I am going to ask you about the foods your child has eaten, and the drinks they have had in the **past 3 months**. I will ask you how often your child has had certain foods and drinks. Please include meals and snacks eaten away from home if possible, including school meals. (*Define the 3 month period*)

1.1

1.1			less than once	1-3 times		nu	mber o	f times	per we	eek		more than once	no. of times
	food	never	per month	per month	1	2	3	4	5	6	7		per day
BR	EAD, CRACKERS	AND (CEREA	LS	•	1	1	1	1	1	1	1	1
1	white bread	0	0.3	0.5	1	2	3	4	5	6	7	8	
2	brown & wholemeal bread	0	0.3	0.5	1	2	3	4	5	6	7	8	
3	savoury biscuits	0	0.3	0.5	1	2	3	4	5	6	7	8	
4	breakfast cereals and porridge	0	0.3	0.5	1	2	3	4	5	6	7	8	
	TATOES, RICE &	PASTA	A										
5	boiled & baked potatoes	0	0.3	0.5	1	2	3	4	5	6	7	8	
6	chips, waffles and potato shapes	0	0.3	0.5	1	2	3	4	5	6	7	8	
7	roast potatoes	0	0.3	0.5	1	2	3	4	5	6	7	8	
8	tinned pasta and instant noodles	0	0.3	0.5	1	2	3	4	5	6	7	8	
9	pasta and noodles – fresh and dried	0	0.3	0.5	1	2	3	4	5	6	7	8	
10	rice – white & brown	0	0.3	0.5	1	2	3	4	5	6	7	8	
ME	CAT												
11	chicken & turkey in breadcrumbs/batter	0	0.3	0.5	1	2	3	4	5	6	7	8	
12	chicken and turkey roast meats	0	0.3	0.5	1	2	3	4	5	6	7	8	
13	chicken and turkey casseroles & curries	0	0.3	0.5	1	2	3	4	5	6	7	8	
14	beef, pork & lamb - roast meats	0	0.3	0.5	1	2	3	4	5	6	7	8	
15	beef, pork & lamb casseroles & curries	0	0.3	0.5	1	2	3	4	5	6	7	8	
16	beefburgers	0	0.3	0.5	1	2	3	4	5	6	7	8	
17	bacon & gammon	0	0.3	0.5	1	2	3	4	5	6	7	8	
18	sausages	0	0.3	0.5	1	2	3	4	5	6	7	8	
19	liver, kidney & faggots	0	0.3	0.5	1	2	3	4	5	6	7	8	

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			less than once	number of times per week							more than once per	no. of times per	
	food	never	per month	1-3 per month	1	2	3	4	5	6	7	day	day
20	meat pies and sausage rolls	0	0.3	0.5	1	2	3	4	5	6	7	8	
21	ham & processed cold meats	0	0.3	0.5	1	2	3	4	5	6	7	8	
FIS	H			·									
22	fish in batter or breadcrumbs	0	0.3	0.5	1	2	3	4	5	6	7	8	
23	other white fish	0	0.3	0.5	1	2	3	4	5	6	7	8	
24	tuna fish	0	0.3	0.5	1	2	3	4	5	6	7	8	
25	oily fish	0	0.3	0.5	1	2	3	4	5	6	7	8	
OT	HER MEAL ITEM	S											
26	quiche & savoury flans	0	0.3	0.5	1	2	3	4	5	6	7	8	
27	pizza	0	0.3	0.5	1	2	3	4	5	6	7	8	
28	processed meat replacements	0	0.3	0.5	1	2	3	4	5	6	7	8	
29	quorn and soya casseroles & mince	0	0.3	0.5	1	2	3	4	5	6	7	8	
30	eggs	0	0.3	0.5	1	2	3	4	5	6	7	8	
31	cottage cheese	0	0.3	0.5	1	2	3	4	5	6	7	8	
32	cheese	0	0.3	0.5	1	2	3	4	5	6	7	8	
33	soup	0	0.3	0.5	1	2	3	4	5	6	7	8	
34	savoury white sauce	0	0.3	0.5	1	2	3	4	5	6	7	8	
35	tomato pasta sauce	0	0.3	0.5	1	2	3	4	5	6	7	8	
VE	GETABLES		T	T			Γ	Γ	ı	Γ	ı	Γ	1
36	tinned vegetables	0	0.3	0.5	1	2	3	4	5	6	7	8	
37	carrots	0	0.3	0.5	1	2	3	4	5	6	7	8	
38	peas & green beans	0	0.3	0.5	1	2	3	4	5	6	7	8	
39	Sweetcorn, mush- rooms & mixed veg	0	0.3	0.5	1	2	3	4	5	6	7	8	
40	broccoli,cauliflower courgettes, marrow	0	0.3	0.5	1	2	3	4	5	6	7	8	
41	green leafy vegetables	0	0.3	0.5	1	2	3	4	5	6	7	8	

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			less than			number of times per week						more than once	no. of times per
	food	never	once per month	1-3 per month	1	2	3	4	5	6	7	per day	day
42	parsnips, turnip and swede	0	0.3	0.5	1	2	3	4	5	6	7	8	
43	tomatoes	0	0.3	0.5	1	2	3	4	5	6	7	8	
44	salad	0	0.3	0.5	1	2	3	4	5	6	7	8	
45	baked beans	0	0.3	0.5	1	2	3	4	5	6	7	8	
46	other beans and pulses	0	0.3	0.5	1	2	3	4	5	6	7	8	
FR	UIT						•	•		•			
47	tinned fruit	0	0.3	0.5	1	2	3	4	5	6	7	8	
48	apples & pears	0	0.3	0.5	1	2	3	4	5	6	7	8	
49	bananas	0	0.3	0.5	1	2	3	4	5	6	7	8	
50	oranges, satsumas and grapefruit	0	0.3	0.5	1	2	3	4	5	6	7	8	
51	peaches, nectarines and melon	0	0.3	0.5	1	2	3	4	5	6	7	8	
52	berry fruit and tropical fruit	0	0.3	0.5	1	2	3	4	5	6	7	8	
53	plums, cherries & grapes	0	0.3	0.5	1	2	3	4	5	6	7	8	
54	dried fruit	0	0.3	0.5	1	2	3	4	5	6	7	8	
55	cooked/stewed fruit	0	0.3	0.5	1	2	3	4	5	6	7	8	
56	nuts	0	0.3	0.5	1	2	3	4	5	6	7	8	
DE	CSSERTS												
57	yoghurt & fromage frais	0	0.3	0.5	1	2	3	4	5	6	7	8	
58	other ready made desserts in pots	0	0.3	0.5	1	2	3	4	5	6	7	8	
59	ice-cream	0	0.3	0.5	1	2	3	4	5	6	7	8	
60	ice lollies	0	0.3	0.5	1	2	3	4	5	6	7	8	
61	custard, sweet white sauce & instant whip	0	0.3	0.5	1	2	3	4	5	6	7	8	
62	other puddings	0	0.3	0.5	1	2	3	4	5	6	7	8	

		never	less than once	1-3 per		nu	mber o	of times	per we	eek		more than once	no. of times per
	food	20,02	per month	month	1	2	3	4	5	6	7	per day	day
CA	KES & BISCUITS												
63	cakes, buns & pastries	0	0.3	0.5	1	2	3	4	5	6	7	8	
64	cereal bars with added vitamins	0	0.3	0.5	1	2	3	4	5	6	7	8	
65	chocolate & digestive biscuits	0	0.3	0.5	1	2	3	4	5	6	7	8	
66	other biscuits	0	0.3	0.5	1	2	3	4	5	6	7	8	
SW	EETS AND SNACKS								l			I	
67	chocolate	0	0.3	0.5	1	2	3	4	5	6	7	8	
68	sweets	0	0.3	0.5	1	2	3	4	5	6	7	8	
69	fruit bars and flakes	0	0.3	0.5	1	2	3	4	5	6	7	8	
70	crisps & savoury snacks	0	0.3	0.5	1	2	3	4	5	6	7	8	
SPI	READS AND PICK	LES											
71	marmite & bovril	0	0.3	0.5	1	2	3	4	5	6	7	8	
72	peanut butter	0	0.3	0.5	1	2	3	4	5	6	7	8	
73	jam & sweet spreads	0	0.3	0.5	1	2	3	4	5	6	7	8	
74	butter and margarine	0	0.3	0.5	1	2	3	4	5	6	7	8	
	What are the main type	pes of sp	read?										
		•••••	•••••	•••••	•••••	• • • • • •	• • • • • •	•••••	• • • • • • •	••			
		•••••	•••••	•••••	•••••	•••••	• • • • • • •	•••••	••••••	•			
75	Sauces, pickles & salad dressings	0	0.3	0.5	1	2	3	4	5	6	7	8	
DR	INKS												
76	pure fruit juice	0	0.3	0.5	1	2	3	4	5	6	7	8	
77	fruit drinks	0	0.3	0.5	1	2	3	4	5	6	7	8	

		less than once	1-3 per	number of times per week							more than once	no. of times per	
	food		per month	month	1	2	3	4	5	6	7	per day	day
78	squash	0	0.3	0.5	1	2	3	4	5	6	7	8	
79	low calorie squash	0	0.3	0.5	1	2	3	4	5	6	7	8	
80	fizzy drinks	0	0.3	0.5	1	2	3	4	5	6	7	8	
81	low calorie fizzy drinks	0	0.3	0.5	1	2	3	4	5	6	7	8	
82	tea & coffee	0	0.3	0.5	1	2	3	4	5	6	7	8	
83	milky drinks	0	0.3	0.5	1	2	3	4	5	6	7	8	
84	water	0	0.3	0.5	1	2	3	4	5	6	7	8	

Now	l would like	e to ask in n	nore detail about som	e specific foo	ds		
1.2		es of milk has at up to 3 belo	s your child used regularly w)	in drinks and ac	lded to breakt	ast c	ereals over the past 3
2 S	one /hole pasteuris emi-skimmed kimmed paste	pasteurised	4 Whole UHT 5 Semi-skimmed UHT 6 Skimmed UHT	7 Whole orga 8 Semi-skimi 9 Skimmed o	anic med organic organic	10 11 12	whole omega 3 Semi-skimmed omega 3 Other
	Milk 1 Milk 2 Milk 3	If "Oth	er", specify er", specify er", specify				- - -
1.3			ast 3 months how much of s; 1 pint = 20oz; 1 cup mi				
	Mil	lk 1			pints		
	Mil	lk 2			pints		
	Mil	lk 3		-	pints		
1.4	tea & coffe 0.		gar added to his/her brea	kfast cereals,]
1.5		tely how man rinks each da	y teaspoons of sugar are y?	added to his/her	-		

6	year h	nome	visit	questi	onnaire	version	1,	23 rd	March	20	10
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1.6	*How often does your child eat organic foods (not including milk or fat spreads)?		Freq 0 – 8		
	(Use food frequency categories, 0, 0.3, 0.5, 1 - 8)		Freq >1/d		
1.7	*Just thinking about the past week, how many serv containing dishes? (Including pulses, baked beans			ables and ve	getable-
1.8	*Just thinking about the past week, how many serv (Including fresh, cooked and tinned but not dried fr		e of fruit?		
1.9	*In an average week over the past 3 months, how r (do not include packed lunches provided by you, or				ay from home
	0. None go to 1.11	No. of times			
1.10	* How many of these meals away from home were you 0. None	ս able to include in the լ	orevious qu	uestions?	
	 Some Most All 				
1.11	During the past 3 months have you given him/her any drops? 0. No go to section 2	vitamins or minerals, in	cluding iron	and fluoride	
	1. Yes				
1.12	Please state which:				
	Please state which:	Code	How many days in the last 90?	If not a tablet or capsule, what is the dose?	No. of tablets or stated doses per day
		Code	many days in the last	tablet or capsule, what is the	tablets or stated doses
		Code	many days in the last	tablet or capsule, what is the	tablets or stated doses
		Code	many days in the last	tablet or capsule, what is the	tablets or stated doses
		Code	many days in the last	tablet or capsule, what is the	tablets or stated doses
		Code	many days in the last	tablet or capsule, what is the	tablets or stated doses

2 ASTHMA

i wo	a now like to ask a few questions about illifesses your child has had	
2. 1.	Has your child <u>ever</u> had asthma? 0. No go to section 3 1. Yes ADD RED DOT TO CARD	
2.2	Was the asthma diagnosed by a doctor? 0. No go to section 3 1. Yes	
2.3	How old was he/she when he/she was first diagnosed? yrs mths wks	i
2.4	Has he/she ever been admitted to hospital for asthma? 0. No 1. Yes	
2.5	Has he/she received inhalers or other medication for asthma prescribed by a doctor in the past 12 months? 0. No 1. Yes	<u>st</u>
3	FURTHER QUESTIONS ABOUT ASTHMA AND WHEEZE (based on core ISAAC questions and proposed standardised BPRS questionnaire)	
3.1	as your child <u>ever</u> had wheezing or whistling in the chest at any time in the past? 0. No <i>go to 3.10</i> 1. Yes	
3.2	Vere these wheezy or whistling episodes associated with colds? 0. No go to 3.4 1. Yes	
3.3	os he/she ever wheezed or whistled in the chest between colds? O. No 1. Yes	
3.4	as your child had wheezing or whistling in the chest in the last 12 months? 0. No go to 3.9 1. Yes	
3.5	ow many attacks of wheezing has your child had in the last 12 months? 0. None 1. 1-3 2. 4-12 3. more than 12	
	the last 12 months, how often, on average, has your child's sleep been disturbed due to ting?	
VVIIC	O. Never woken with wheeze O. Never woken with wheeze One or more nights per week One or more nights per week	
3.7	n the last 12 months, has your child's chest sounded wheezy during or after exercise? 0. No 1. Yes	

	12 months has wheezing ever been swords at a time between breaths? No Yes	severe enough	ı to limit yo	ur child's speech to
Go to 3.10				
3.9 At what ag	ge did your child last wheeze?	yrs		mths
a cole 0.	t 12 months, has your child had a coud or chest infection? No Yes	ugh at night, a _l	part from a	cough associated with
0.	child <u>ever</u> been prescribed an asthma No <i>go to section 4</i> Yes	reliever inhale	r ?	
·	his/her breathing (wheezing or cough No Yes Never Used	ing) to improve	9?	

4 ECZEMA

4.1	(exclude chid lasting more 0.	ver had an itchy skin condition - by itchy we moken pox, if asked to clarify "itchy skin condition than 2 weeks when he/she scratched or rubb No go to 4.3	on" then ask "Has	he/she had a	
	1.	Yes			
(Not	e if the woman	says 'No' to this, you will not need to ask ques	stions 4.6-4.8 wh	en you come	to them)
4.2	How old was	he/she when the rash first appeared?	yrs	mths	wks
4.3	*Has he/she ev areas:	ver had a scaly, or red and weeping skin ras	sh affecting any o	of the following)
	A) the scalp 0. 1.				
		he neck No Yes			
	C) the chee 0. 1.	eks or forehead No Yes			
	D) either the 0.	e folds of the elbows or behind the knees No Yes			
	0.	arms, wrists, shins or ankles No Yes			
	F) the shou 0. 1.	lders, chest, tummy or back No Yes			
	G) in the ar	mpits			
	0. 1.	No Yes			
	0.	oy area (including nappy rash) No Yes			
4. 4	Has he/she ev 0. 1. 8.	ver suffered from a generally dry skin? No go to 4.6 (but see note above question 4 Yes To a minor degree	¹ .6)		
4.5	In the past tw 0. 1. 8.	relve months, has he/she suffered from a ger No Yes To a minor degree	nerally dry skin ?		

(If the answer to question 4.1 was 'No' – ie the child has never had an itchy skin condition – then go to section 5)

4.6 In the past twelve months , has he/she suffered from an itchy skin condition? (exclude chicken pox)										
	0. No go to section 5 1. Yes									
4.7	*In the last 12 months how often, on average has your child been kept awake at night by this itchy rash?									
	 0. Never in the last 12 months 1. Less than one night per week 2. One or more nights per week 									
4.8 Has this skin condition affected the cheeks, the outer arms or legs, or the skin creases in the past twelve months - by skin creases we mean the folds of the elbows, behind the knees, the fronts of the ankles, or around the eyes ? 0. No										
	1. Yes									
5 S	MOKING									
5.1	Are you/child's main carer currently smoking? 0. No go to 5.5 1. Yes									
5.2	If yes, and offered, is it: 1. Only in a separate room? 2. Only outside the house?									
5.3	How many per day?									
5.4	What is your current brand?									
5.5	Does anyone else smoke in the home, or is he/she ever looked after more than once a week by anyone who smokes? 0. No go to 5.8 1. Yes									
	1. 165									
5.6	If yes, and offered, is it: 1. Only in a separate room 2. Only outside the house									
5.7	How many smokers live in the same house as the child?									
5.8	Is your child regularly exposed to non-household smoking? 0. No 1. Yes									

5.9	Has he/ 0. 1.	she been No Yes	exposed to go to section		ne last 24 ho	urs?			
5.10	*Where?	(please	enter 0 for n	o and 1 for y	res)				
	Family home								
	Car								
	Relative/friends' house								
Public place									
	Other (specify)								
	6 ETHN se record ngs to:		d's ethnic (group by as	sking the mo	other/carer	which e	thnic group	o the child
*	1. 2. 3. 4. 5. 6. 7. 8. 9.	Black A Black C Indian Pakista Bangla Chines Other A	Other Ini deshi						