

SMART Learning Goals Activity

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| Initial goal | What is your goal?Click or tap here to enter text. |
| **S**pecific | What do you want to accomplish? Who can help you?Click or tap here to enter text. |
| **M**easurable | How will you measure the progress and how will you know when you have achieved it?Click or tap here to enter text. |
| **A**chievable | What do you need to achieve the goal? Do you have the skills to complete this goal? What is the motivation for this goal? Is it relevant?Click or tap here to enter text. |
| **R**ealistic | Are the actions to achieve your goal within your control? Such as the availability of resources, knowledge and time. Is your goal achievable?Click or tap here to enter text. |
| **T**ime | What are your deadlines? Can you set an end date?Click or tap here to enter text. |
| SMART goal | Rewrite your goal, making it a SMART goalClick or tap here to enter text. |