

**AGENDA**  
**OPTIM-PARK**

**“Optimization of community resources and systems of support to enhance the process of living with Parkinson’s Disease: a multisectoral intervention”**

**28<sup>th</sup> & 29<sup>th</sup> March 2019**

**Building 38 John Roberts Room (Boardroom)  
Highfield Campus  
University of Southampton**

**Apologies:** Eleni Athanasiou (Cyprus), Elenitsa Kitromilides (Cyprus), Lydia Lopez (Spain)

**Attendees:**

Professor Mari Carmen Portillo	University of Southampton	UK
Professor Helen Roberts	University of Southampton	UK
Dr Sean Ewings	University of Southampton	UK
Claire Reidy	University of Southampton	UK
Nestor Serrano	University of Southampton	UK
Jamie Stevenson	University of Southampton	UK
Cathal Doyle	Parkinson’s UK	UK
Dr Victoria Navarta	University of Navarra	Spain
Professor Christina Foss	University of Oslo	Norway
Dr Line Kildal Bragstad	University of Oslo	Norway
Dr Anita Haahr	VIA University College	Denmark
Dr Dorthe Sorensen	VIA University College	Denmark

**Focus of the meeting:**

What is our remit?  
What are the boundaries of our work?  
What should we include or exclude?  
How do we want to work together?

**Day 1**  
**28<sup>th</sup> March 2019**  
**9am - 5pm**

<b>9.00am</b>	<b>Refreshments</b>
---------------	---------------------

<b>9.15 – 10.00am</b>	<b>Welcome!</b> <b>Getting to know each other and the principles of working together</b>
	<ul style="list-style-type: none"><li>• Sharing backgrounds, knowledge and skills</li><li>• How do we want to work together?</li><li>• What might be the barriers to working collaboratively and how can we manage these up front?</li><li>• Establishing the principles and styles to work together to deliver the project</li><li>• What does leading a package mean, how will partners be involved, how will each part (WP) link to other work packages, how will the multiple leads relate to one another and how should other partners be involved?</li><li>• Photo of the team for website and press campaign</li></ul>

<b>10.00– 10.30am</b>	<b>OPTIM-PARK: an overview</b>
	<p><b>Theoretical, conceptual and background of the project.</b></p> <p><b>Outline, reviewers' comments and discussion</b></p> <p><b><u>Professor Mari Carmen Portillo, University of Southampton</u></b></p>

<b>10.30am</b>	<b>BREAK</b>
----------------	--------------

<b>10.45 – 11.45am</b>	<b>Work Package 1 (WP1).</b>
	<b>Patient and public involvement (PPI)</b> <b>Presentation of proposal, first ideas and discussion</b> <u><b>Professor Christina Foss, University of Oslo</b></u>

<b>11.45am– 12.45pm</b>	<b>Work Package 2 (WP2).</b>
	<b>Systems of support, integrated care for multisectoral action. Systematic literature review</b> <b>Presentation of proposal, first ideas and discussion</b> <u><b>Dr Anita Haahr, VIA University College</b></u>

<b>1.00 – 2.00pm</b>	<b>Working LUNCH</b>
----------------------	----------------------

<b>2.15– 3.15pm</b>	<b>Work Package 3 (WP3).</b>
	<b>Roles and working relationships and partnerships between sectors</b> <b>Presentation of proposal, first ideas and discussion</b> <u><b>Dr Victoria Navarta, University of Navarra</b></u>

<b>3.15– 4.30pm</b>	<b>Work Package 4 (WP4).</b>
	<b>Feasibility trial and integrated care pathway for multisectoral action</b> <b>Presentation of proposal, first ideas and discussion</b> <u><b>Dr Anita Haahr , VIA University College and Professor Christina Foss, University of Oslo</b></u>

<b>3.15-5.00pm</b>	<b>Refreshments and snacks available during afternoon presentations</b>
--------------------	---

<b>4.30 – 5.00pm</b>	<b>Review of the day and planning for Day 2</b>
----------------------	---

<b>6.30pm</b>	<b>Drinks followed by Dinner –</b> <b>Gran Café</b> <b>South Western House,</b> <b>Southampton SO14 3AS</b>
---------------	--

**Day 2**  
**29<sup>th</sup> March 2019**  
**9.00am – 14.00pm**

<b>9.20am</b>	<b>Refreshments</b>
---------------	---------------------

<b>9.30 – 10.00am</b>	<b>Arrangements for website content, logo and updates</b>  <b>Professor Mari Carmen Portillo and Jamie Stevenson</b>
-----------------------	--

<b>10.00– 11.00am</b>	<b>Dissemination, visibility and publication plans</b>
-----------------------	--

<b>11.00am</b>	<b>BREAK</b>
----------------	--------------

<b>11.15 -12.30pm</b>	<b>General Discussion on agreed points</b>
	<b>Discussion from Agenda Items and agreed points generated from Day 1 discussion:</b>
	<p>To what extent do you envisage the participation of the other partners being involved: in terms of shaping the content, the scholarly input to design, execution and write up of the work in each workpackage?</p> <p>To what extent should each package be inclusive of every other country in terms of the content and context of the data collection and collation?</p> <p>Considering the links between the workpackages, when will the WPs be considered ready to be connected with the next one?</p> <p>What specific role and dynamics do we want for the SSAG in our project?</p> <p>What are the plans for the starting of the research in each country? Updates</p> <p>Other...</p>

<b>12.30pm</b>	<b>Next Steps</b>
	Date of next meeting, focus and place

<b>13.00pm</b>	<b>Lunch and close</b>
----------------	------------------------