## Underweight in Women



- 430,000 women with underweight.
- $1.8 \%$ prevalence, a decrease of 0.9 percentage points from 1990.

Underweight in Men

| (highest <br> prevalence) <br> 1 | 100 | (lowest <br> prevalence) <br> 200 |
| ---: | :---: | :---: | | High-income <br> English-speaking countries <br> Country (prevalence; global ranking) |
| :---: |

- 360,000 men with underweight.
- $1.8 \%$ prevalence, an increase of 0.6 percentage points from 1990


## Thinness in Girls

| (highest <br> prevalence) <br> 1 | 100 | (lowest <br> prevalence) <br> 200 | High-income <br> English-speaking countries <br> Country (prevalence; global ranking) |
| ---: | ---: | ---: | :--- |
|  |  | $\longrightarrow$ | United Kingdom (1\%; 176th) |

- 61,000 girls with thinness.
- $1.0 \%$ prevalence, with no detectable change from 1990.


## Thinness in Boys

| (highest |  | (lowest | High-income |
| :---: | :---: | :---: | :---: |
| prevalence) | 100 | prevalence) 200 | English-speaking countries |
| - |  |  | Country (prevalence; global ranking) |
| , |  | - | Canada (2\%; 158th) |
| 1 |  |  |  |
| , |  | -- | Australia (2\%; 169th) |
| ' |  | - | United Kingdom (2\%; 173rd) |
| 1 |  |  |  |
| ! |  | - | Ireland (2\%; 174th) |
| ! |  |  |  |
| 1 |  | - | United States of America (2\%, 184m) |
| ! |  | - | New Zealand (1\%; 189th) |

- 130,000 boys with thinness
- $2.1 \%$ prevalence, an increase of 0.5 percentage points from 1990.


## Obesity in Women



- 7.4 million men with obesity.
- 26.9\% prevalence, an increase of 16.3 percentage points from 1990.


## Obesity in Girls

| (highest prevalence) |  | (lowest prevalence) | High-income <br> English-speaking countries |
| :---: | :---: | :---: | :---: |
| 1 | 100 | 200 | Country (prevalence; global ranking) |
|  | $\bullet$ |  | United States of America (19\%; 22nd) |
|  | $\rightarrow$ |  | New Zealand (17\%; 35th) |
|  | $\square-$ |  | Australia (14\%; 55th) |
|  | $\rightarrow$ |  | United Kingdom (10\%; 72nd) |
| ' | $\longrightarrow$ |  | Canada (10\%; 80th) |
|  |  | - | Ireland (8\%; 106th) |

- 590,000 girls with obesity.
- $10.1 \%$ prevalence, an increase of 5.4 percentage points from 1990.


## Obesity in Boys

| (highest <br> prevalence) | 100(lowest <br> prevalence) | High-income <br> English-speaking countries |
| ---: | ---: | :---: |
|  | 200 |  |
| Country (prevalence; global ranking) |  |  |

United States of America (22\%; 26th)
New Zealand (18\%; 47th)
Australia (17\%; 53rd)
United Kingdom (12\%; 91st)
Canada (12\%; 94th)
Ireland (9\%; 118th)
-760,000 boys with obesity.

- $12.4 \%$ prevalence, an increase of 8.1 percentage points from 1990.
- Results are from NCD Risk Factor Collaboration "Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents, and adults" The Lancet, 2024.
- Women and men are aged 20+ years and girls and boys are aged 5-19 years.
- United Kingdom had 85 studies for women, 88 for men, 104 for girls, and 104 for boys.
- Prevalences presented here are age-standardised using the WHO Standard Population.
- Complete results are available at www.ncdrisc.org.

