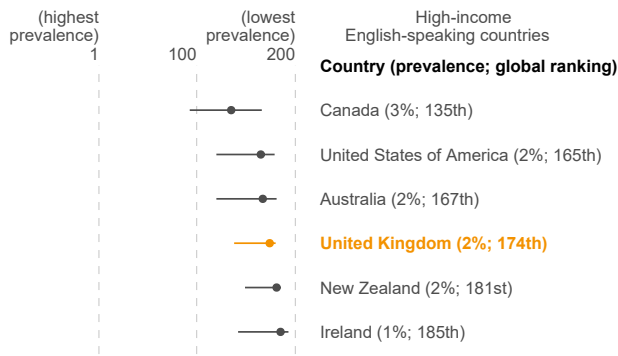


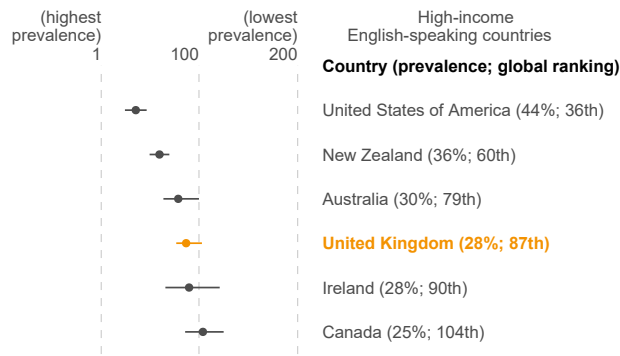
# Underweight and obesity in United Kingdom, 2022

## Underweight in Women



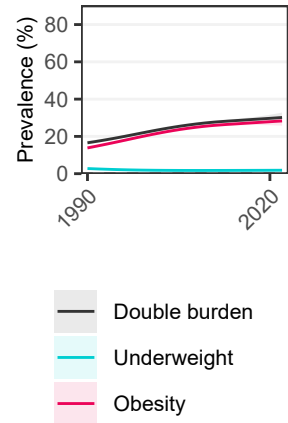
- 430,000 women with underweight.
- 1.8% prevalence, a decrease of 0.9 percentage points from 1990.

## Obesity in Women

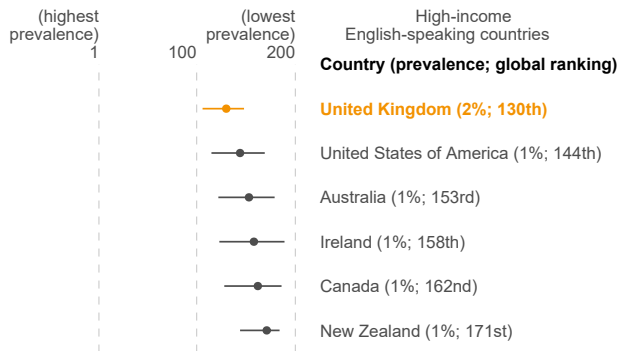


- 8 million women with obesity.
- 28.3% prevalence, an increase of 14.5 percentage points from 1990.

## Women

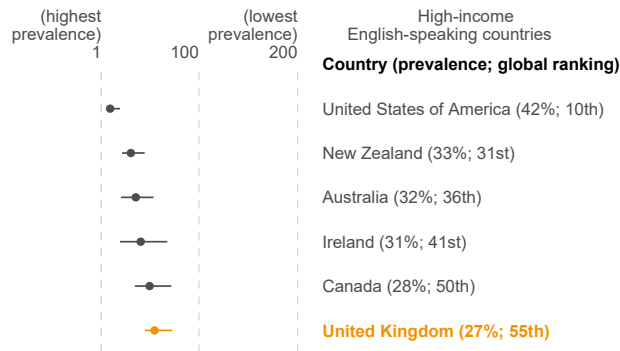


## Underweight in Men



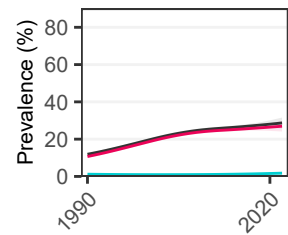
- 360,000 men with underweight.
- 1.8% prevalence, an increase of 0.6 percentage points from 1990.

## Obesity in Men

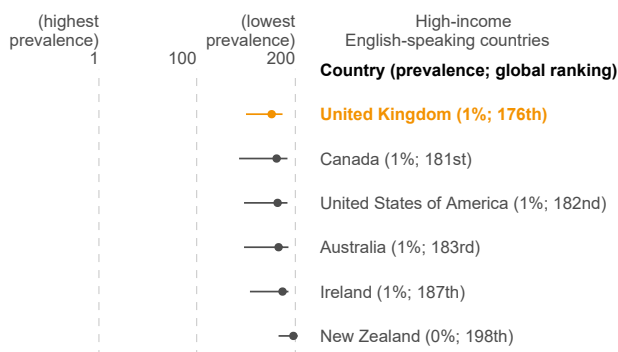


- 7.4 million men with obesity.
- 26.9% prevalence, an increase of 16.3 percentage points from 1990.

## Men

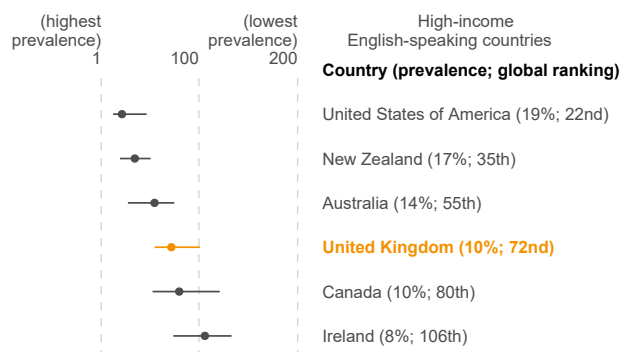


## Thinness in Girls



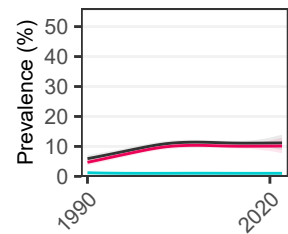
- 61,000 girls with thinness.
- 1.0% prevalence, with no detectable change from 1990.

## Obesity in Girls

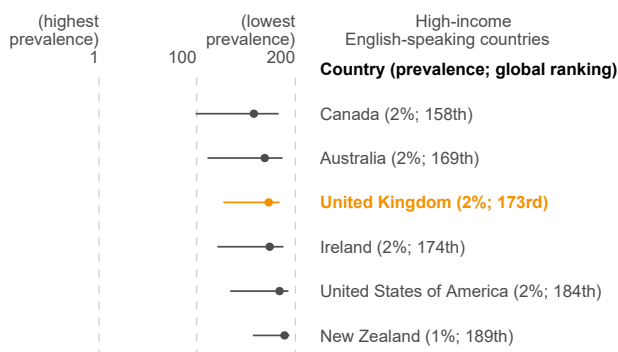


- 590,000 girls with obesity.
- 10.1% prevalence, an increase of 5.4 percentage points from 1990.

## Girls

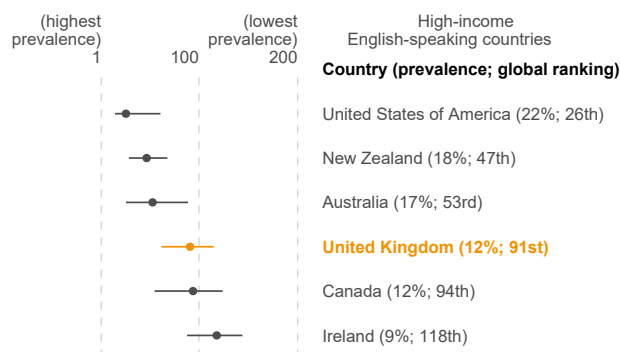


## Thinness in Boys



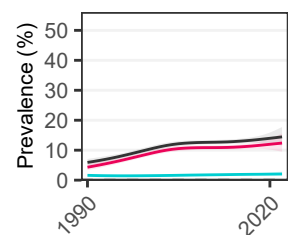
- 130,000 boys with thinness.
- 2.1% prevalence, an increase of 0.5 percentage points from 1990.

## Obesity in Boys



- 760,000 boys with obesity.
- 12.4% prevalence, an increase of 8.1 percentage points from 1990.

## Boys



• Results are from NCD Risk Factor Collaboration "Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents, and adults" *The Lancet*, 2024.

- Women and men are aged 20+ years and girls and boys are aged 5-19 years.
- United Kingdom had 85 studies for women, 88 for men, 104 for girls, and 104 for boys.
- Prevalences presented here are age-standardised using the WHO Standard Population.
- Complete results are available at [www.ncdrisc.org](http://www.ncdrisc.org).