

# DO YOU SUFFER FROM **DEPRESSION** OR AN **ANXIETY DISORDER?**

If yes, please consider participating in our study investigating the difficulties you face when using websites.

## **What is the goal of the study?**

The study hopes to evaluate the usability of a Web-based mental health self-referral service. This will later contribute towards improving websites for people affected by depression and or an anxiety disorder.

## **You are eligible to participate if you:**

- Are aged 18 or older
- Have been diagnosed with depression and or an anxiety disorder
- Use or visit websites often
- Are without significant sensory or physical disabilities

## **What does your participation involve?**

The study involves completing 4 short tasks on a website and afterwards being interviewed about your experience using the site. Sessions will last for around 45 to 60 minutes with one 5-10 minute break as needed. You will be compensated with a £10 voucher.

## **Do you want to get involved and help improve your access to the Web?**

If so, visit [www.better-project.eu/study6](http://www.better-project.eu/study6) or email [r.bernard@soton.ac.uk](mailto:r.bernard@soton.ac.uk) to find out more about the study and participate.