

# Health and Employment After Fifty (the HEAF study)

## Dear participant

A year ago, you very kindly completed the HEAF questionnaire. Your doctor's surgery is one of 24 general practices across England that are taking part in this important research and we would like to update you on all that's been happening!

## The aim of the study:

We want to find out whether working to older ages is good or bad for health and in what ways, and also how often health affects people's ability to work in different types of job at older ages.



GP practices taking part in the HEAF study



## Progress so far...

- So far we have had a fantastic response to the first part of the study. We would like to take this opportunity to say a very big **THANK YOU** to the 7,810 people who have completed a questionnaire. We really do value your support for the study because it is only with your help that we are able to carry out this important work.
- We enclose the first follow-up questionnaire one year on so that we can find out if your circumstances have changed at all. We hope you will be able to assist us with this. The more people who answer the follow-up questions, the more reliably we can find out about work and health at older ages.

